



ERIK JUUL CLAUSEN (born 1927) worked as a journalist for a lifetime and is now a full-time author. His trademark is a fine balance between historical research and fiction. He has written 11 youth novels and five novels for adults and won several short story competitions. A selection of his short stories has been published in the French, and a number of his youth novels have appeared in other Scandinavian countries.

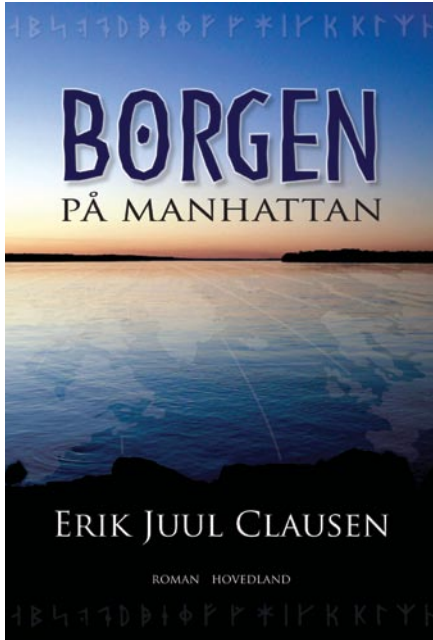
THE CASTLE OF MANHATTAN

Historical novel

On May 12, 1355, the proud ship Saint Benedict leaves the Norwegian port of Bergen. On account of the plague and the icy winters no ship from Greenland – the outermost province under the Roman Church – has reached Norwegian harbours for nine years.

The Nordic settlers there have once again taken up the Asa faith, the rumours claim. King Magnus of Norway and Sweden has ordered missionaries to be sent there. The crew, consisting of monks, are seen off by the king personally as they set sail for Greenland. But they arrive fully unprepared for what meets them in Greenland – ghostly abandoned settlements, the Nordic settlers apparently have moved on – towards Wineland, or even further...

The Castle of Manhattan is based on archaeological evidence and on historical accounts, among others by the famous navigator Nicholas of Lynne.



"Something as rare as an outstanding Danish historical novel, which takes over where Mel Gibson left."

Berlingske Tidende

ERIK JUUL CLAUSEN *The Healer*

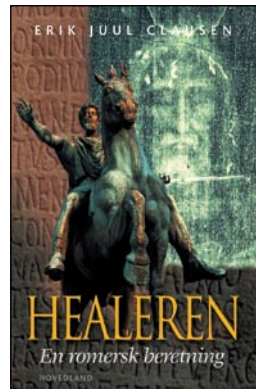
ERIK JUUL CLAUSEN
The Castle of Manhattan

"... His writing never loses steam, he never slackens the pace."

Jyllands-Posten

"An outstanding historical novel."

Weekend-Avisen



www.hovedland.dk





LISBETH NEBELONG
(born 1955), journalist and author, has written six popular books on home finances and made her debut as a novelist in 2003 with *When Angels Play Mozart*, which is the prequel to *Faroe Islands Blues*.

FAROE ISLANDS BLUES

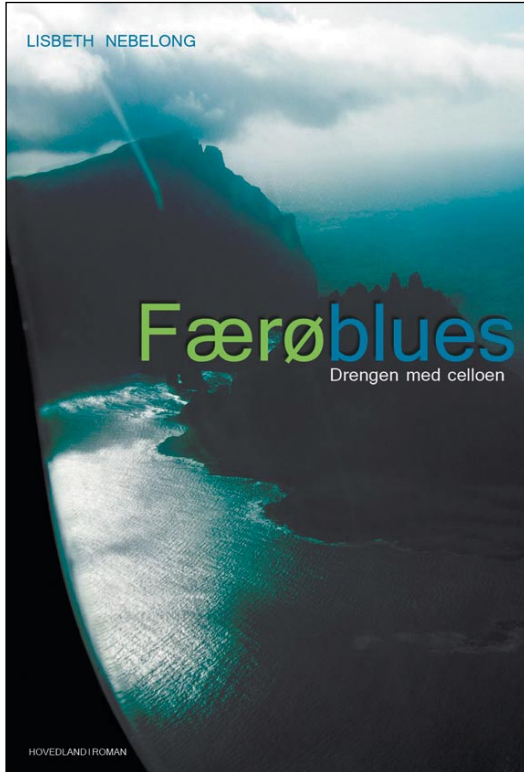
Bildungsroman

Kári grows up in the Faroe Islands in the North Atlantic and spends his childhood in the capital of Thorshavn in the 60's and 70's.

As a young man he leaves the Faroe Islands to become a cellist. 25 years later he returns for the first time to perform a solo concert. In intense flashbacks he experiences his childhood years again: his great love for Lisa, spring concerts and trawler trips in the North Atlantic, and not least an exceptional clash with his mother.

Faroe Islands Blues is a novel about a young artist and his attempts to maintain and develop his identity in spite of – or thanks to – his upbringing in a small island community on nature's terms. The novel is also about music and erotic experiences as a means of escape and deliverance.

January 2008



The press on When Angels Play Mozart:

"A well-crafted debut novel about a woman's search for unity and meaning."

Jyllands-Posten

"The novel is a physical manifestation of a burning need to tell the story of the Faroe Islands. An attempt to communicate the artistic, musical, and epic life which takes place on those green islands."

Oestrogen.dk

LISBETH NEBELONG *Faroe Islands Blues*

www.hovedland.dk



FICTION



PETER BREDAHL
(born 1963) is a historian. The Dannebrog Pilgrimage marks his debut as a novelist. Bredahl has written essays, short stories, and produced films on city spaces and urban planning.

THE DANNEBROG PILGRIMAGE

Historical novel

Sigurd Hjalte Brødmann, 21 years old, is ousted from the higher echelons of the Copenhagen middle classes – his father was a schoolmaster – after a tryst with a young woman of a lower social status. He is demoted to the position of a "nightman", an old Danish term for a bin man. When the war against the British starts, he enlists and participates in the famous Battle of Copenhagen in 1801.

The authentic story behind the novel is the Dannebrog Pilgrimage when actor H.C. Knudsen of the Copenhagen Royal Theatre travelled around Denmark collecting money to support the families of the fallen and wounded from the great naval battle.

By a coincidence the actor meets Sigurd and employs him as his secretary. Knudsen's charitable nature and his undogmatic Christian attitudes temper Sigurd's burning hatred of the monarchy and the church. The so-called cultural "golden age" of Denmark – and especially its shortcomings – is here depicted with a rare and remarkable sense of reality.

Spring 2008

PETER BREDAHL

*Dannebrogs
valfarten*



The famous royal theatre actor H.C. Knudsen's charitable nature and undogmatic Christian attitudes temper Sigurd's burning hatred of the monarchy and the church ...

PETER BREDAHL *The Dannebrog Pilgrimage*

www.hovedland.dk



FICTION



OLE HYLTOFT

(born 1935) is a politically minded author who as the cultural editor of the leading social democratic Copenhagen daily newspaper has left his mark on Danish cultural life. He is also a prolific fictional writer, and his most recent novels contain a deep insight into the cultural and political identity crises of the Social Democratic Party and the working class from 1900 until German occupation in 1940-1945.

THE COPENHAGEN GIRL – OCCUPATION

Historical novel

The Copenhagen Girl – Occupation takes place in the Copenhagen neighbourhood of Østerbro, in continuation of the prequel *The Copenhagen Girl* and the *Royal Painter* which ended in 1905 in another Copenhagen neighbourhood, Christianshavn.

Teis, a young architect, is on the search for the right style of building, perhaps functionalism, perhaps something more free. Like the entire Copenhagen – and in general, the entire Danish – population, he is searching for the right – the true or perhaps the most functional – attitude towards the Neuropa of the Nazis. Collaboration or resistance? The portrayal of the People's Strike in Copenhagen during the German occupation is unparalleled in contemporary Danish fiction.



"a unique epic drive and mastery of the dialogue makes the novel yet another masterpiece by a prominent Danish writer who increasingly deserves to be recognized internationally."

*Sven Hakon Rosell,
World Literature Today*

"A declaration of love to Copenhagen ... Tension is constantly lurking between the lines ... A great novel."

Nordjyske Stiftstidende

"A magnificent book."

Nordjyske Stiftstidende

OLE HYLTOFT *The Copenhagen Girl - Occupation*

www.hovedland.dk



FICTION



OLE HENRIK LAUB

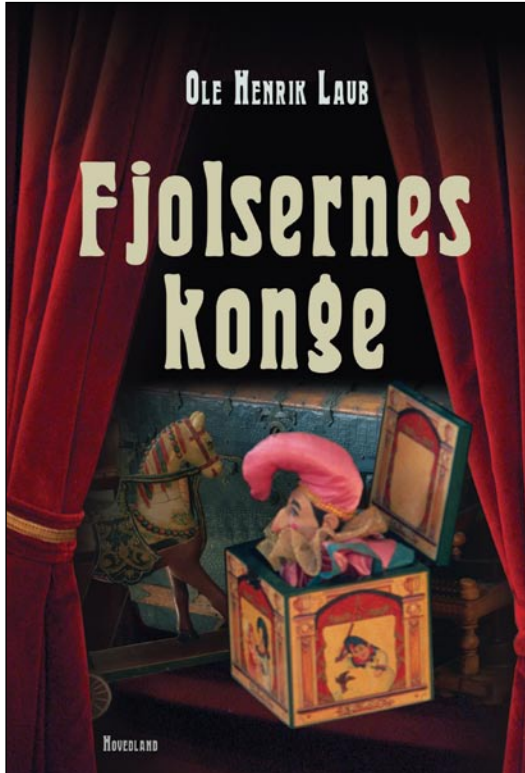
(born 1937) The novels of Ole Henrik Laub abound with both idyllic and uncanny elements, but first and foremost they are colourful and burlesque portrayals of life in Denmark from the mid-19th century until ourtime.

KING OF FOOLS

Historical novel

The young Konrad Stork is a trader, actor, and buffoon. At times working as a performer in a travelling theatrical company, at others posing as a businessman specialising in selling elixirs of eternal life. This charming and accommodating womaniser is equally at home in the salons of the high society and in the dark and broody pubs or under the open skies among the destitute on the roads. "Life is an adventure," seems to be his lead in life.

King of Fools is an entertaining and colourful as well as highly ambitious piece of fiction depicting Denmark in the 1890s.



OLE HENRIK LAUB *King of Fools*

"Well-written. Full of wonderful depictions of Denmark from an acute angle, it balances beautifully between humour and tragedy, as does Konrad's own life, when one moment he is cocky and devilish, the next black and brooding."

Berlingske Tidende

"This novel goes the whole distance, and one is thrilled that such novels are published in Danish."

Peter Dürfeld, Information

www.hovedland.dk



FICTION



ANITA LILLEVANG

(born 1959) is a journalist and made her debut as a novelist with *The Stairs and the Fog* in 2007 to great critical acclaim. Working in the genre of male crime writing – and adding her own touch by setting the action of her novels outside of the big cities – she portrays life in the small Danish provincial towns with great warmth and no illusions.

THE STAIRS AND THE FOG THE HEAT AND THE FURY

Crime fiction

The Stairs and the Fog

Carla is in her mid-30s, she is suspicious and hurt after dark events in her past and has now sought refuge in a small provincial town in Jutland where she has found employment as a free-lance journalist at a local newspaper.

The local family business – a transport company – celebrates its anniversary, but a murder destroys the festivities and drags Carla, a second-hand witness, into the investigation. At the same time, two men push their way into Carl's settled life as a single woman: Jesper, "crown prince" in the family firm, and the local cop, Lars Emil.

The Heat and the Fury

It is summertime. The provincial smalltown is engulfed in a heat wave. But Carla does not believe in summer, even though she has grown a little softer around the edges both on the inside and the outside. Carla does not believe in anything; only that it is never a good idea to get involved in anything. You will only loose whatever you've got.

The crime plot, however, drags Carla out of her shell: arsonists, rapists and murderers seem to be roaming around the small town, terrorising it, setting the summer nights on fire and challenging Carla's misanthropic views.

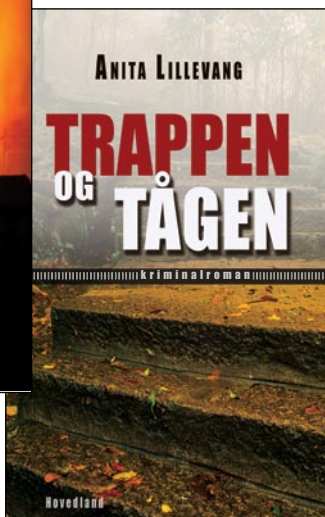


ANITA LILLEVANG
The Stairs and the Fog

ANITA LILLEVANG
The Heat and the Fury

"A new detective partnership has been introduced to the Danish crime scene - with this one Anita Lillevang has struck pure gold."

Weekend-Avisen



www.hovedland.dk

FICTION





JACOB JONIA

(born 1966), a high school teacher, has translated Enzensberger and Siegfried Lenz, among others, into Danish. His own work includes the satirical novel *The Cholesterol Club* about a fitness and health craze during an ecological disaster, as well as the satirical and controversial handbook *How to get an A*. Jonia has a popcultural bent and has written pop lyrics for a number of years, including the lyrics for a former Danish European Song Contest entry.

BØVLUM SUMMER NIGHTS

Fiction

We may have forgotten the magical forces – but have they forgotten us?

Stand-up comedian Jens Dyrberg is on his way to Copenhagen when a black cat crosses the road. His car ends up in the ditch outside the small country town of Bøvlum and due to an unfortunate series of events he misses the TV show which should have been his big breakthrough.

As the local car mechanic seems to have gone into hibernation, Jens is forced to spend the greater part of an eternity in Bøvlum, which suits him fine as he has long been in need of a good nervous breakdown.

*The press on *The Cholesterol Club*:*

"The art of this novel is that it has no plot and no characters either ... funny and promising literary debut."

Politiken

Autumn 2007



Bøvlum Summer Nights is an updated fairy tale – and a modernised myth of the flood, about the ever rising sea. A humorous and melancholic tale of the stage fright of modern man and a Bildungsroman about dropping out and becoming real.

JACOB JONIA *Bøvlum Summer Nights*

www.hovedland.dk



FICTION



PAUL SMITH

(born 1948) is a historian and former spin doctor for the Danish anarchist politician Jacob Haugaard. His speciality is political vaudeville and satire. His fictional debut was the novel *The Solution of a Much Talked-About Murder Case* (2006) about the assassination of Olof Palme. Smith's trademark is his way of mixing crime fiction with real documentary material.

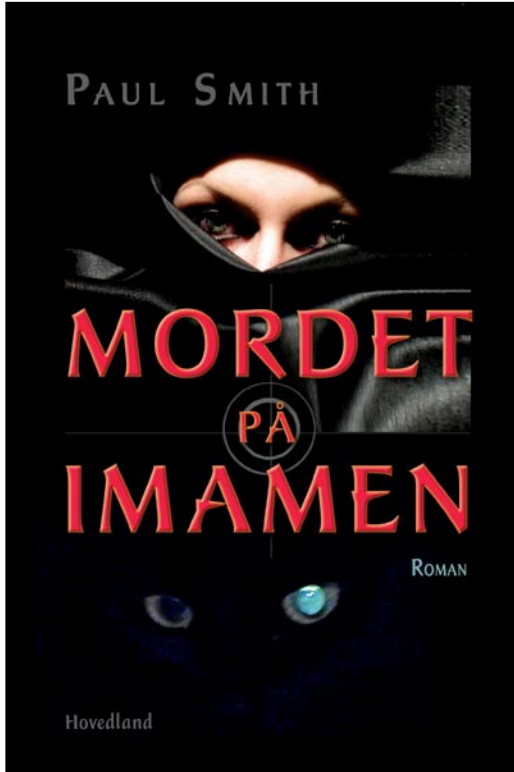
THE IMAM MURDER

Crime fiction

When Wahid Abu Svensson, a Swedish convert to Islam – nicknamed “The Imam” – is found decapitated in his own house in the deep forests of northern Halland, the investigation gets a low priority at the Gothenburg Police Department. Most people believe that it is only a matter of time before a local Nazi sympathiser will come forward and plead guilty. But that is not what happens.

Shortly afterwards, a real imam is murdered in Århus, Denmark, and following the international crisis after the publication of Muhammed caricatures, the murder commands international attention.

The prospects for solving the cases are bleak, and no one in the Gothenburg Police wants to volunteer to go to Århus due to language barriers and prejudice. A solution is found: A retired police detective, Jan Åkesson, once harassed out of the Olof Palme investigation group, is rehired for the assignment.



Praise for The Solution of a Much Talked-About Murder Case:

"Deeply fascinating docu-fiction about the murder of Olof Palme."

Politiken

"Thought-provoking and entertaining."

Jyllands-Posten

PAUL SMITH *The Imam Murder*

www.hovedland.dk



FICTION



PETER DREYER

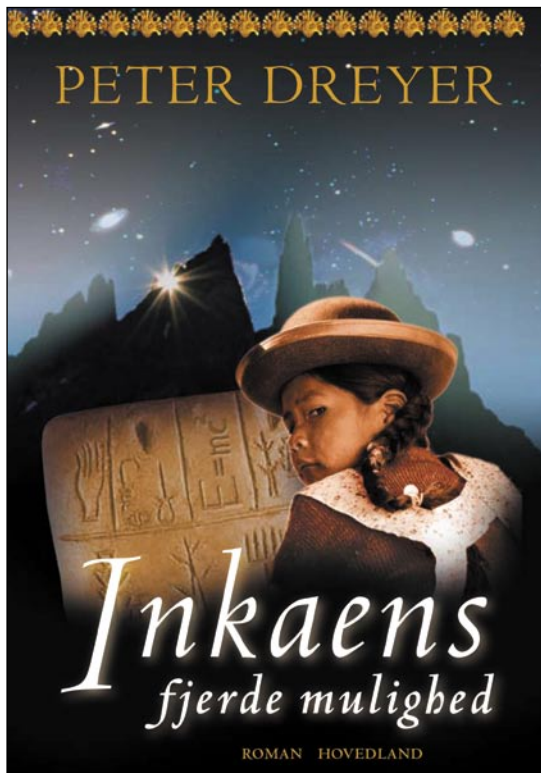
(born 1962), astronomer. At the La Silla Observatory in Chile he has developed methods for finding planets outside the solar system. Today Peter is occupied with analysing trends within information technology and artificial intelligence. However, deep space remains his great passion.

THE INCA'S FOURTH OPTION

Suspense Novel

Two childhood friends meet at the foot of the volcano Licancabur in the Atacama Desert in Chile. In a maelstrom of irrational acts, two rational beings attempt to come to terms with the most irrational of all – their mutual feelings. Meanwhile, dramatic events continue to raise difficult questions.

Did the archaeologist Becky Gardener commit suicide? Why does the expedition leader disfigure the ancient Inca mummy when it is dug out of the permafrozen lava? What secret does the volcano hide, and why does it turn the expedition into a deadly endeavour? And how much is a physicist willing to part from the laws of nature in order to make them fit the reality he is experiencing? These are some underlying mysteries that might be solved in *The Inca's Fourth Option*.



"The reader is left as much out of breath as the characters in the thin air of the Chilean plateau."

Jyllands-Posten

"Excellent debut about the Inca empire, love and a world of four dimensions."

Information

"The Inca's Fourth Option takes us on a fantastic journey to the land of the Incas and dreams."

Litteratursiden

PETER DREYER *The Inca's Fourth Option*

www.hovedland.dk





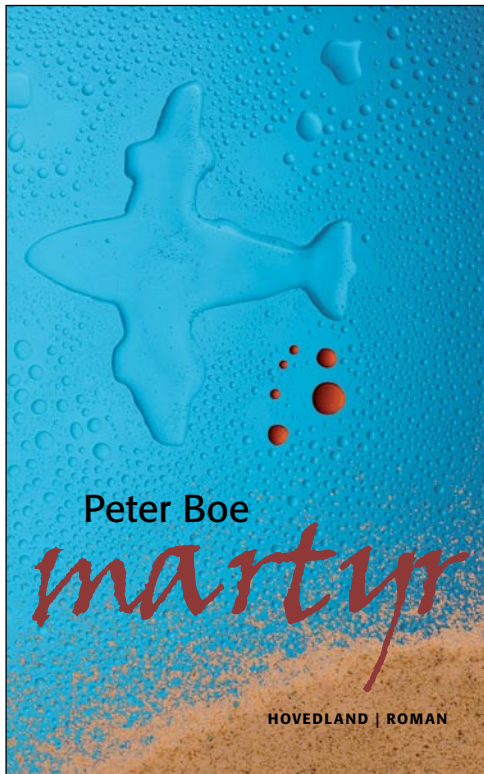
PETER BOE
(born 1977) in Århus. Has studied History of Ideas, works as a copy writer and freelance journalist. Martyr is his first novel.

MARTYR

Thriller

David Aaby from Århus in Denmark is on his way to Bruxelles. Meanwhile, four other men are looking for a plane of a certain size. David has to make his life's most important decision.

From the petty criminals of the Danish ghetto to Saudi-Arabian princes, from Holland to the London underground and the stony Pakistani desert, Peter Boe manoeuvres confidently between Muslims and disbelievers, atheists and defeatists. Peter Boe's first novel is a skilful and ironic depiction of the essence of terror. Peter Boe has studied History of Ideas and is now working as a journalist.



"Peter Boe's debut novel guarantees its reader intelligent entertainment with a lot of nerve ... the language is intense, the knowledge elegantly communicated, the points razor sharp – superb!"

Weekend-Avisen

"A promising debut."

Berlingske Tidende

PETER BOE *Martyr*

www.hovedland.dk



FICTION



OSCAR K.

(born 1950) is the pen name behind the popular series about the boy Mikkel. The series has been written in close co-operation with children and teenagers, and Oscar K. portrays their world with love and seriousness.

MIKKEL OG ANIKA

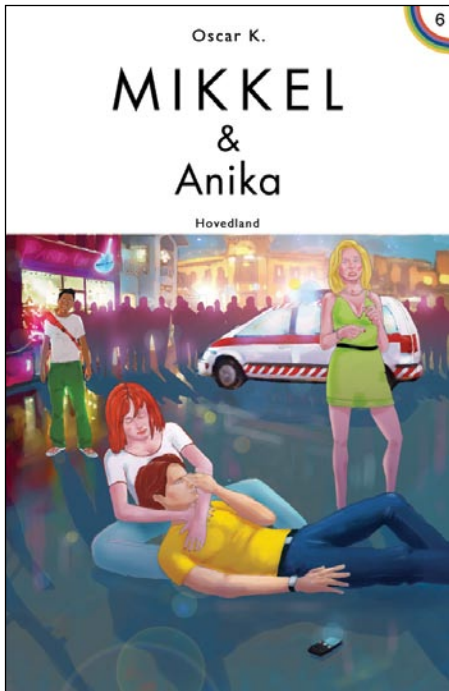
The complete Mikkel series 1-6

In the sixth and final book about the undertaker's son – who has by now grown into a questioning teenager – Mikkel has an experience which changes his life and makes him reexperience his childhood and youth: outside a discoteque, he is randomly shot down...

Mikkel & Anika goes deep into a subject which only few adults dare discuss openly with their children: death.

The series about Mikkel, his friends and girlfriends, and his trusted dog Compagni is a unique and successful attempt of reviving the 1950s books for boys.

Autumn 2007



*"The most serious and successful attempt at
renewing the genre of crime fiction for children."*

Børnelitteratur til Tiden

OSCAR K.
Mikkel og Anika





CHRISTIAN FISCHER

Christian Fischer is the director of Silkeborg Museum where the remains of the world-famous bogman The Tollund Man are exhibited. His book about the Tollund Man is the result of many years of dealing with the well preserved bodies of sacrificed human beings found in peat bogs. His book is a follow-up to – and at the same time a correction to – the world famous work by archaeologist Professor P.V. Glob about the bogmen, which first popularised the subject.

THE TOLLUND MAN – A GIFT TO THE GODS

Archaeology and cultural history

In 1996 Silkeborg Museum drew international attention with a grand display of bogmen. The exhibition was visited, among many others, by the Danish Queen and Seamus Heaney, that year's winner of the Nobel price in literature. In 2002 Fischer followed up with a new exhibition called "The Gods of the Bog", and the presuppositions behind this exhibition are now presented in *The Tollund Man – A Gift to the Gods*.

By means of scientific methods Christian Fischer dates the Tollund Man and other famous bog finds much earlier than previously believed. Thus he presents an entirely new vision of the purpose of the widespread human sacrifices that took place all over northern Europe during the bronze ages. According to Fischer, the human sacrifices represent a transition from Sun worship to the Asafaith in northern Europe.



"Not only has Fischer succeeded in bringing history up to date – his book is also a worthy follow-up to Glob's 50-year-old research."

Jyske Vestkysten

CHRISTIAN FISCHER

The Tollund Man – A Gift to the Gods

www.hovedland.dk





SØREN ESPERSEN

(born 1953) has worked as a journalist for several newspapers in Denmark and Great Britain for 17 years. In 2005 he was elected a member of the Danish parliament. In co-operation with Herbert Pundik from the leading Danish daily newspaper Politiken, Søren Espersen sheds new light on Danish volunteer efforts in the Israeli War of Independence.

THE ISRAELI WAR OF INDEPENDENCE – AND THE DANISH VOLUNTEERS

History

From the late autumn of 1947 till the summer of 1949, around 3,500 men and women from 43 countries took part on the Israeli side in what would later become known as Israel's War of Independence.

46 of these volunteers came from Denmark – a curious mixture of soldiers of fortune, idealists, and intellectuals. Precisely and in great detail, Søren Espersen relates their stories, adding a human aspect to a conflict which is still relevant today.

The book about the birth of the modern state of Israel contains extensive source material and a large number of photos from Israeli archives and from relatives in Denmark.



SØREN ESPERSEN

Israels selvstændighedskrig
– og de danske frivillige



“An excellent book.”

Jyske Vestkysten

*“An exceedingly loyal
account of the Danish
volunteers, their ide-
ological and personal
forces of motivation ...
An enthusiastic and
beautiful book.”*

Politiken

SØREN ESPERSEN

*The Israeli War of Independence –
and the Danish Volunteers*

www.hovedland.dk





**INGRID FALKTORP
ANDERSEN**

(born in 1950) is the author of many books on cultural and historical subjects. She runs the travel agency IFA Kulturrejser, where she arranges trips to Mozart's Vienna.

MOZART – WHO WAS HE?

A cultural and historical biography

Mozart was born 250 years ago and died at 35, but his talents and vices, his health and personality, his friends, enemies and mistresses continue to fascinate.

The author has a critical grasp of the sources: almost 1500 personal letters, diaries, previous biographies and accounts by friends of Mozart and Constance. Ingrid Andersen corrects false myths and adds her own fascinating strokes to Mozart's portrait. Her biography captures the atmosphere, the music and the nerve of Mozart's life. Thematically structured, it gives a broad cultural and historical insight into his life and time.



“Deeply fascinating read – stock full of knowledge about all of the mundane and down-to-earth sides of a genius and his time.”

Berlingske Tidende

INGRID FALKTORP ANDERSEN *Mozart – Who Was He?*

www.bogan.dk





WILLY THRYSSØ

(born 1945) for 25 years has worked as a lecturer at Roskilde University Center where he teaches philosophy of science. He has done extensive research in human sexual impulses and urges.

HUMAN SEXUALITY

Sexuality

Throughout the 20th century, science did not treat the question of what human sexuality was seriously. And during the so-called sexual liberation, scientific interference in regard to questions of sexuality was often even considered offensive.

The result is that today everybody – “life style coaches”, psychologists, all and sundry – believe that they have the right of their own truth about sexuality.

Thryssø's book is an empirical scientific analysis of human sexuality and a complete survey of the history of sexual science. Going back to the biologically founded sexual science of the 1890s – which dates back to Antiquity – Thryssø modernises its theses and relates them to the results of the fragmented biological and neurological sciences during the last century.

The book is aimed at a broader audience, but will be of special interest to academic readers such as psychologists and sexologists.

Willy Thryssøe

MENNESKETS SEKSUALITET

En filosofisk
-biologisk
analyse



Hovedland

"His biologically founded view of sexuality has almost been sidetracked out of scientific research in recent years. It never ceases to amaze me how skillful some people are at deceiving others with the idea that gender is a mere social construction, subject to the reigning historical, economical and cultural conditions."

Jyllands-Posten

WILLY THRYSSØE *Human Sexuality*

www.hovedland.dk



SEXUALITY



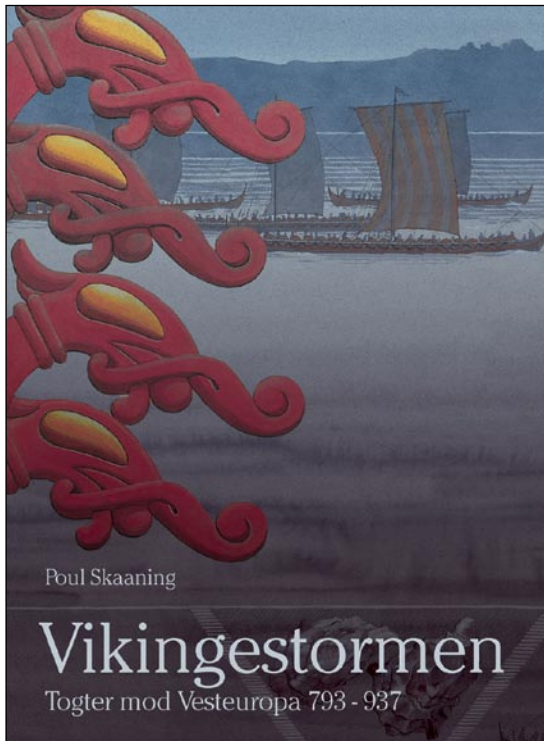
POUL SKAANING

(born in 1927) has studied History and French at the University of Aarhus and has been a high school teacher. He is the author of *The Last Struggle of Harald Bluetooth*.

THE VIKING STORM – Raids against Western Europa 793-937 **European cultural history**

Only at the end of the Viking Period did Europe's princes and kings learn how to defend themselves against the Vikings. Guarded bridges and cities emerged, and fortifications and armoured horsemen were set in against the ferocious Norsemen.

The book focuses especially on the expansionist war activities of the Vikings in Western Europe. Skaaning removes the veil from a mythic time, which the Nordic people still use as a source of national identity. Poul Skaaning is a historian and has published several articles and books about the Viking Age.



“Skaaning skillfully depicts the time, giving an exciting and brutal account of the society of the Vikings.”

DBC

“An exciting book ... a kind of ‘back to basics’ on the Vikings. The book explains the danger the Vikings posed to the Brits and the French, which had to do with the organisational skill of the Danes. A wise and beautifully illustrated book.”

Vejele Amts folkeblad

POUL SKAANING *The Viking Storm*

www.hovedland.dk



MUTUAL TOLERATION – ISLAM AND THE WEST

History and cultural theory

HELMUTH SCHLEDERMANN

is a Historian and was for a long time employed at Aarhus University where he taught legal history and philosophy. Today he is retired but continues his work as an independent scholar.

Mutual toleration is a thought-provoking attempt at a strategy of integration which teaches us to bear with each other's differences.

The strategy poses a set of mutually held rules of fairness. Schledermann shares his knowledge of the two cultures' legal history and social philosophy since the founding of Islam nearly 1400 years ago. Democracy, gender equality, bilingual schools and the building of mosques around Western Europe are some of the issues dealt with by Schledermann, a former Historian at the School of Law at Aarhus University.



*By far the most insightful
and complex account of
Sharia...*

*"Fundamentalist Muslims
– like the Danish Imam
Abdul Wahid Pedersen
– cannot say no to polygamy,
for instance.*

*But it is not impossible
for Danes to live alongside
still greater numbers
of Muslims, Helmuth
Schledermann points out
in his new book."*

Berlingske Tidende

HELMUTH SCHLEDERMANN

Mutual Toleration – Islam and the West

www.hovedland.dk





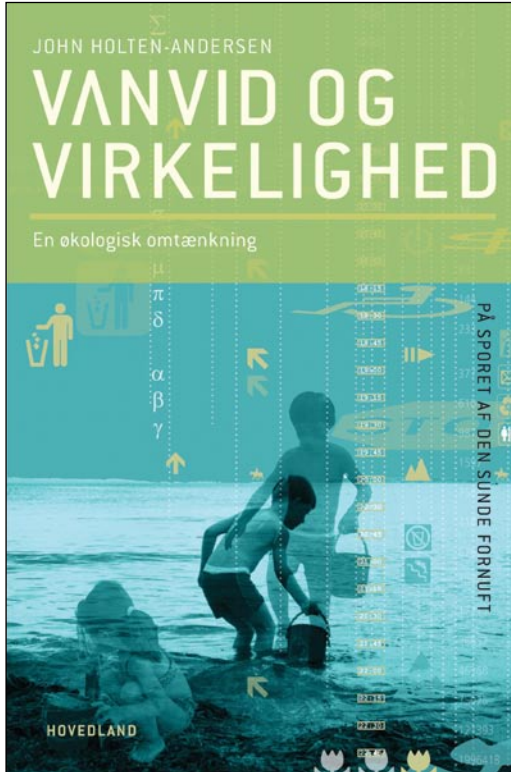
JOHN HOLTEN-ANDERSEN (born 1951) is an experienced environmentalist and a former director of the secretariat in the Danish Environmental Council. Today he works at The Technical University of Denmark. He has presented his ideas on deep ecology at conferences and NGO meetings all over the world.

MADNESS AND REALITY

Ecology and Western Philosophy

Madness and Reality is an ecological rethinking of the core values of Western civilisation. Going through 2000 years of philosophical ideas, Holten-Andersen unveils some of the dualistic values and trains of thought that have dominated political thinking, from left to right, from neo-liberals to socialists.

Holten-Andersen takes as his starting point language and the fact that language seems to control our thinking. Or does it? As Holten-Andersen demonstrates there seems to be something which is prior to language – something spontaneous, something natural.



*With Holten-Andersen
we have a fully-fledged
Nordic representative of
the philosophy of deep
ecology...*

*"a challenging hike in
the mountains and in the
history of ideas."*

Dansk Bibliotekscenter

JOHN HOLTEN-ANDERSEN *Madness and Reality*

www.hovedland.dk

ECOLOGY AND WESTERN PHILOSOPHY





MARIANNE ISAGER

Knit-wear designer

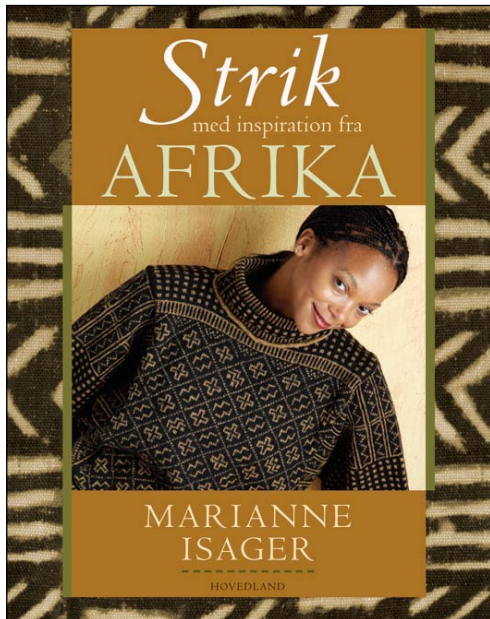
Marianne Isager was born in 1954. She inherited her workshop from her mentor in 1977 and was educated at what is today called Danmarks Designskole (The Danish School of Design). She is an enthusiastic traveller and she seeks inspiration for her unique knitting designs in the colours and fabrics of other countries.

KNITTING OUT OF AFRICA

Art and handicraft

Marianne Isager's knit-wear models are sold from many retailers in Denmark and her unique designs are also known outside of Denmark, especially in Scandinavia. *Knitting Out of Africa* was published in the United States in 2005. The Danish edition has been published in collaboration with Isager's American publisher, Interweave Press, who have done the lay-out, graphical design, and model photos of the book.

As all of Isager's books this title contains refined, well-tried-out and well-documented patterns and instructions. Isager's books have been published in the USA and Germany and are illustrated with beautiful photos.



MARIANNE ISAGER
Knitting out of Afrika

"A true eldorado of patterns and colours. You want to run down to the store and stock up on yarns and just start knitting."

Jyllands-Posten

A journey through the Latin Americas some years ago is the background for Marianne Isager's book about knitting with Latin American inspiration. Here, the Latin American inspiration constantly appears in exciting and original ways.

MARIANNE ISAGER *Inca*



www.hovedland.dk





ANEMETTE OLESEN

Gardening expert Anemette Olesen has been engaged in horticultural issues and traditions and in the medical history of flowers and herbs for a long time. She is the author of nearly 30 books on vegetable gardens, and on vegetable and herbal usage.

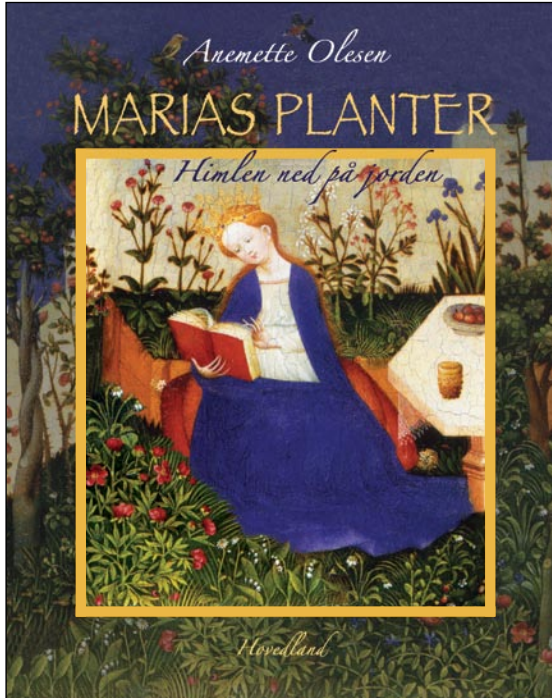
MARY'S FLOWERS AND HERBS

Heaven on Earth

Mary's Flowers and Herbs is about the flowers and herbs which are attributed to the Virgin Mary. The subject of the book is the re-enchantment of the world which Maria's flowers and herbs represent in reaction to a onedimensional worldview.

In the old legends, flowers and herbs are often attributed with magical connotations and seen as witnesses of an earthly paradise, and throughout history we have used their hidden powers in natural medicine. The book tells us about the Virgin Mary, but also treats the history of the individual flowers.

The beautiful illustrations help make this a truly magical book.



By retelling the short legends which are tied to 67 of our most common garden flowers and herbs, the author wants to open our eyes to the enchanted and divine aspects of life which we share with Mary's flowers...

ANEMETTE OLESEN *Mary's Flowers and Herbs*

www.hovedland.dk





ESKILD TJALVE (born in 1945) is a civil engineer and has worked as a researcher and teacher at the Technical University of Denmark. Since 1985 he has studied psychology, therapeutic techniques, meditation, art and spiritual science.

THE WISDOM SOCIETY

Spiritual science

The crises of today happen everywhere around us – in the environment, in the clash of civilisations, in the demise of the fabric of society – and in the single individual.

The many complex problems seem to be the consequence of a fragmented way of thinking, rooted in modern science, which is by its very nature fragmented.

Science, however, is accorded a higher status than it deserves, while faith and religious values are devalued. As a result, society and communal values are today falling apart.

Eskild Tjalve explores these problems in his new book *The Wisdom Society*, in which he uses an holistic approach to show how we may turn around in time and develop a more responsible life style.

Autumn 2007

ESKILD TJALVE



*The press on Devas - The World as the Natural Spirits and Angels:
"A fairytale with appeal to our dream of unity ... pulls both man and nature out
of the reductionism of the hard sciences."*

Fyns Stifistidende

On When Spirit and Matter Meet:

"An excellent book on New Age ... Read it, it is rich and incredibly informative."

Sten Bonde, Ikon

ESKILD TJALVE *The Wisdom Society*

www.bogan.dk



SPIRITUALITY



JYTTÉ BACH GRØNBECH

Jungian psychologist and therapist. Her other books include *Jealousy* and *Love* and the book on midlife crises *Finding Yourself*.

LOST, FORLORN AND FOUND AGAIN – Healing traumatic damage on the Self **Psychotherapy**

The echo of mom and dad's voices can haunt our whole lives as grown-ups – pleasantly or in nightmares – and make us react with irrational anxiety and stress. It is our own responsibility to come to terms with our past.

Jytte Back Grønkjær explains how parents can inadvertently damage a child through words or deeds due to the child's reactionary patterns and bodily memory. Grønkjær also explains how it is possible to heal our inner child and once again become a whole human being. Grønkjær is a Jungian psychologist, but she also uses Freud, Adler, Horney and others. The book is engaged and personal, but is also interesting from a theoretical point of view.



JYTTE BACH GRØNBECH
Lost, Forlorn and Found Again

"Pure gold."

*Rådgivning om
Spiseforstyrrelser*

*"An excellent book,
which presents all the
most important points
when it comes to what
actually takes place
when a child is hurt,
and which explains
how these early scars
affect the mind."*

Ekstra bladet





ELSE RYDAHL

Else Rydahl is a medical doctor and herself a former patient with breast cancer. Since her sickness, she has done extensive research into the nature of cancer and sought advice from various sources, including alternative medicine.

CANCER, CROCODILES, AND CONSCIOUSNESS

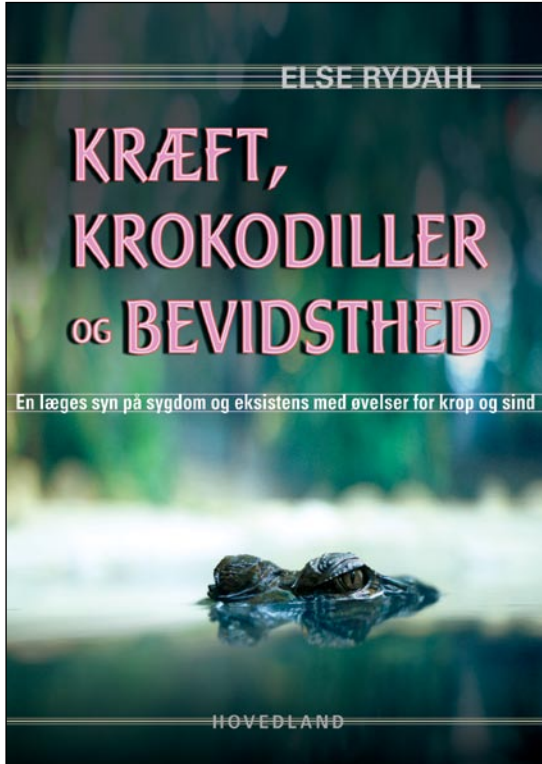
**A Doctor Examines Sickness and Health
– Including Exercises for Body and Mind**

A few years ago, Else Rydahl was diagnosed with breast cancer, the single most common form of cancer among women. In her book, she uses her own professional and personal experiences – from western medicine, eastern philosophy and from her perspective as a cancer patient – to challenge the western notions of illness.

During her hospital treatment, Else Rydahl comes to see cancer in a holistic perspective. And the clash between her experience of a strictly rationalistic medical system and her personal experiences lead her to an understanding of cancer as “a collective disease”, that is as symptomatic of society’s ecological imbalances.

The book is primarily aimed at cancer patients and their families, but also at health industry employees: doctors, nurses, and other medical staff. The book contains a number of exercises for the body and the mind.

Autumn 2007



A doctor challenges the western notions of illness and sickness...

ELSE RYDAHL *Cancer, Crocodiles, and Consciousness*

www.hovedland.dk





MARIANNE JÄGER
CARMEN VILLEFANCE

are nutritional therapists. They both have children with allergies which demand specific food types. In the case of Carmen and Villefance's children who were diagnosed with different forms of autism, dietary changes have helped them back on a par with other children.

HEALTHY FROM FOOD

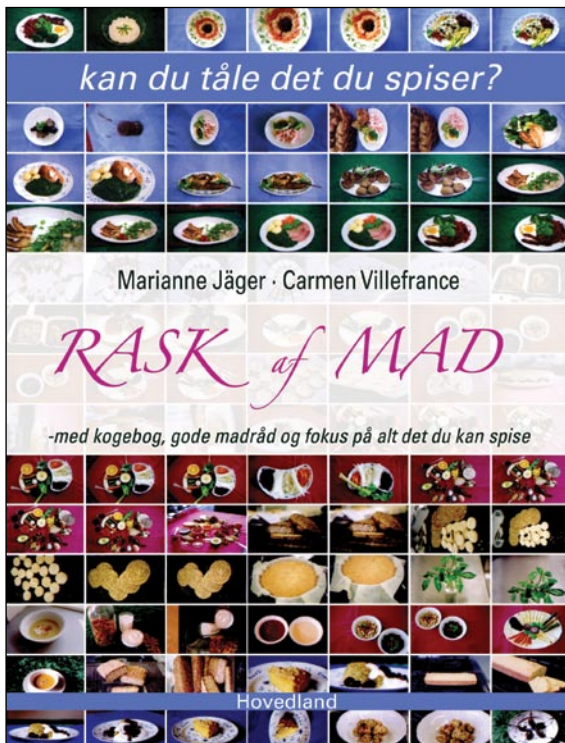
With cooking book, good food advice
and focus on what to eat

Healthy from Food is a dietary handbook with recipes and healthy food advice with focus on what to eat when you suffer from allergies or other lifestyle diseases.

The book contains a guide for allergies and different types of diets, methods for testing your weak spots, and a recipe section with separate chapters about breakfast, lunch, and dinner – including desserts and healthy smoothies.

The recipes make no use of dairy products or gluten, and no whey starch, pre-mixed flour mixes, or other genetically or otherwise manipulated ingredients have been used. Fully illustrated in colour.

Autumn 2007



MARIANNE JÄGER • CARMEN VILLEFRANCE
Healthy from Food

www.hovedland.dk





ANE BODIL SØGAARD
TROELS V. ØSTERGAARD

Ane Bodil Søgaard (born 1941) is a biologist and a food researcher. She has worked with plant improvement and the introduction of ecological food types into company and public lunch rooms. Troels Østergaard (born 1939) is a geologist and has worked with ecological gardening and farming for many years.

WHAT ARE YOU EATING?

Food and Ecology

How many people do you know who have had cancer? Bad heart? Struggled with obesity? The authors of *What Are You Eating?* demonstrate the role of our dietary habits in this development. They also point out that ecological and biodynamic foods are a necessary road towards a healthier and more sustainable life style with a shorter distance between the soil and dinner table.

You don't have to become a vegetarian to be ecologically responsible. For the individual person it is about making a few necessary changes in your eating and shopping habits.

The book is addressed to everyone who is interested in a healthy diet and in becoming more conscious about the nature and origins of the food we eat. It is also addressed to the staff of big company and institutional kitchens as it contains informative chapters on additives and on the chemistry of the foods we eat.

The book is richly illustrated in colour.



Ane Bodil Søgaard og Troels V. Østergaard

HVAD ER DET DU SPISER?

økologi, mad
og sundhed

"A superb book ... with great appeal, it is interesting, well executed, clearly subjective - and convincing."

Midtjyllands Avis

ANE BODIL SØGAARD • TROELS V. ØSTERGAARD
What Are You Eating?

www.hovedland.dk





MARINA AAGAARD

Marina Aagaard (born 1963) is a skiing and golfing enthusiast who has worked with physical training and fitness training for 25 years. She is a nutritional and life style coach, a lecturer and an author of eight books on work-out and fitness.

GOLF FITNESS SKI FITNESS

Sports

Golf Fitness

Golf enjoys an increasing popularity. However, 50% of all golfers get injuries due to a lack of physical preparation and wrong techniques.

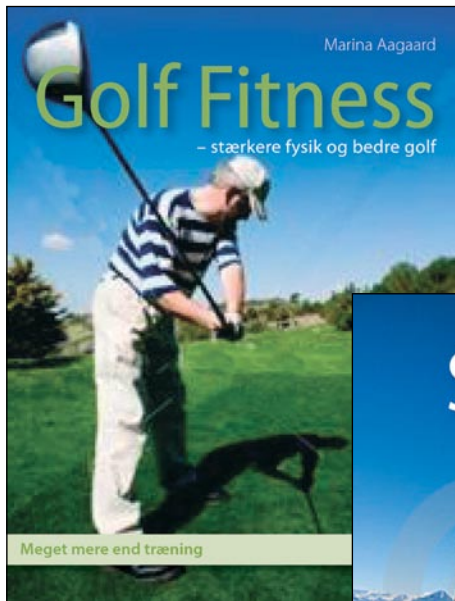
With Golf Fitness you will gain greater pleasure from your golf. You can improve your physical fitness, optimise your skills and minimise the risk of injuries. The mental capacity of a golfer can also be and ought to be in great condition – it is all about self-confidence, concentration, and motivation.

For all golfers.

Ski Fitness

Thousands of people go on a ski vacation every year. Unfortunately many do not get as much enjoyment from the trip as they should have, due to tiredness and sore limbs – and worse: many have their trip cut short because of a lack of basic knowledge about skiing and because of bad shape.

SkiFitness will help you to improve your fitness and optimise your skills. The book contains lots of tips, knowledge and exercises based on the most recent scientific training methods, the author's own experiences and advice from the world's best skiing coaches. For all skiers.



MARINA AAGAARD
Golf Fitness

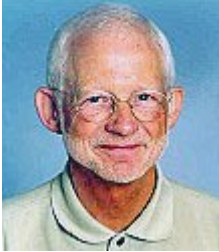


MARINA AAGAARD
Ski Fitness

FITNESS

www.hovedland.dk





CARSTEN VAGN-HANSEN

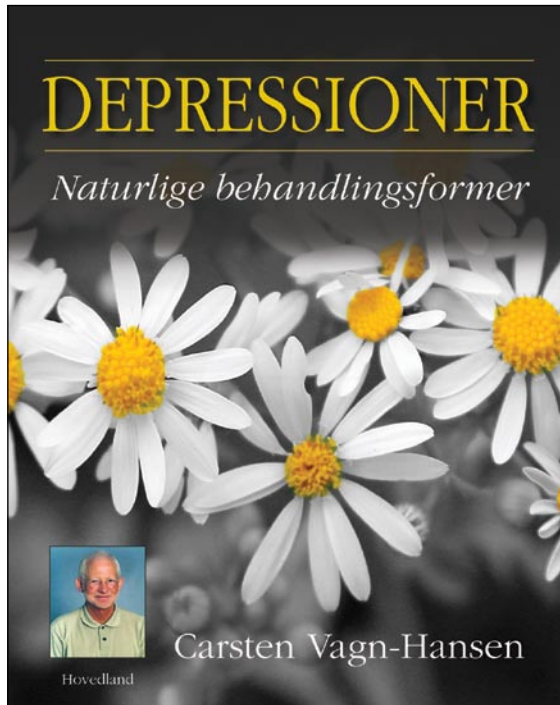
is a doctor, health consultant and a TV doctor. He has often criticised excessive use of medicine on account of its unknown side effects. His recommendation of natural forms of treatment has made him unpopular with certain areas of the health services but has made him popular among the broad Danish public.

DEPRESSION – NATURAL FORMS OF TREATMENT

Natural Forms of Treatment

The depression diagnosis came into use in the 19th century. Earlier the word "melancholy" was used, referring to black bile, one of the four body fluids to be kept in balance. Melancholic people had a reputation for excellent feats within philosophy, literature, science and the arts. Today, depression is seen as a debilitating illness and is overwhelmingly treated with depression medicine.

The author is a doctor and health consultant, his critical message being that there is an overuse of medicine taking place, which prevents patients from assuming responsibility for their own lives. Vagn-Hansen here collates and discusses different natural methods of treating depression.



*"Carsten Vagn-Hansen
is a wise man and a
magnificent communi-
cator and teacher."*

Mit Helbred

CARSTEN VAGN-HANSEN
Depression – Natural Forms of Treatment

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